Togetherness of Ebstein anomaly and giant hairy nevus in a neonate: first case in the literature

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Ebstein anomaly is a congenital heart defect in which the septal and posterior leaflets of the tricuspid valve are displaced through the apex of the right ventricle. This leads to the atrialization of a portion of the right ventricle which causes the right atrium to be large and the anatomic right ventricle to be small in size. The incidence of this anomaly is <1% among all congenital heart defects.1 Due to the narrowing of right ventricle, ductus arteriosus may be obligatory for pulmonary blood flow at early hours after birth.2

The congenital melanocytic nevus denotes a pigmented surface lesion present at birth. Using the prediction classification, giant nevi have been described in children as comprising 9 cm on a child’s head and 6 cm on a child’s body.3 Very large congenital nevus account for less than 0.1% of cutaneous melanomas.4

Here we present a neonate with prenatally diagnosed Ebstein anomaly with giant hairy nevus comprising more than 50% of the body. This is the only case in literature describing these two pathologies in the same neonate.

Case Report

A 2790 g girl infant was born vaginally at the 39th gestational weeks. The 29 year old mother had hypothyroidism and gestational diabetes mellitus. Parents were nonconsangenuis. On fetal ecocardiography, she was diagnosed with Ebstein anomaly. There were not any antenatal risk factors such as medication, radiation or demonstrated disease. The Apgar scores were 9 and 10 at first and fifth minutes. On physical examination; tachypnea, 3/6° systolic murmur and giant hairy melanocytic nevus were pathologic findings (Fig. 1 and Fig. 2). Echocardiography yielded Ebstein anomaly, PDA, large ASD, tricuspid valve insufficiency on postnatal first day. (Fig. 3.) ECG showed tall and broad P waves as a result of right atrial enlargement. Due to desaturation of the baby below 75%, prostaglandin E1 infusion was started. She was consulted with dermatology, pediatric oncology and the genetics divisions. N-RAS mutations were negative, α-feta protein, carcinoembryonic antigens were within normal limits. On follow-up, prostaglandin was stopped at the 10th day of life. Cranial and abdominal ultrasonographs were normal. Her
cardiac hemodynamic status was good. On the 18th day of life her weight, height and head circumference were in 75-90 percentile. She was referred to the outpatient clinics of pediatric cardiology, dermatology, plastic surgery without any medication for follow-up. Cranial and spinal MR has been planned for the 5th month of life. Parents provided informed consent.

Discussion

Ebstein anomaly is a rare congenital heart disorder occurring in about 1–5 of 200,000 live births\(^1\). There are heterogeneous genetic factors in Ebstein anomaly. Case-control studies suggest genetic, reproductive, and environmental risk factors.\(^5\) Maternal lithium therapy can rarely lead to Ebstein anomaly in the offspring\(^1\). Most cases are sporadic; familial Ebstein anomaly is rare. The mother of our case did not receive lithium therapy and there was not a history of any other case of Ebstein anomaly in the family.

Digilio et al.\(^6\) reported that in 44 Ebstein anomaly patients, twelve (27%) were diagnosed with a syndrome, and seven of those patients were diagnosed with distinct disorders, including CHARGE syndrome in two, and VACTERL association, Noonan syndrome, Kabuki syndrome, Holt-Oram syndrome, and Cornelia de Lange syndrome in one each. Our patients did not have any features of these syndromes. Digilio et al.\(^6\) also reported that of the 32 patients with nonsyndromic Ebstein anomaly, ten (31%) had additional congenital heart defects, including seven atrial septal defects (ASD), two ventricular septal defects (VSD), two pulmonary stenoses, one dextrocardia, one aortic coarctation, and one patent ductus arteriosus (PDA). Patients with Ebstein anomaly also have conduction system abnormalities, which are at least partly due to the compression of the AV node by the septal malformation, accessory pathways, and abnormalities of the right bundle branch.\(^1\) Our patient had ASD, PDA as additional cardiac defects but she did not have an arrhythmia.

Congenital melanocytic nevus syndrome is characterized by pigmented skin defects apparent at birth. Congenital melanocytic nevus syndrome (CMNS) is caused by somatic mutation in the NRAS gene on chromosome 1p13.\(^7\) This mutation was negative in our patient. Most individuals have 1 or more large or giant lesions greater than 20 cm and up to over 60 cm in diameter.\(^4\) One of the serious complications of GCMN is malignant melanoma.\(^8\) Our patient is on follow up for melanoma.

Case reports have present individuals with giant congenital melanocytic nevus, to have additional diffuse lipomatosis, urinary tract anomalies, and capillary vascular malformations.\(^9\)

This is the first neonate in the literature
having both Ebstein anomaly and giant hairy nevus. This association could be coincidental or components of a new association.

REFERENCES