Childhood sclerosing cholangitis associations in a Tunisian tertiary care hospital: a many-faceted disease

Miniar Tififha1, Tarek Kamoun2, Nadia Mama2, Sarra Mestiri3, Saida Hassayoun1, Noura Zouari1, Hela Jemni2, Saoussen Abroug1

Departments of 1Pediatric and 2Radiology Sahloul Hospital; 3Department of Anatomopathology, Farhat Hached Hospital, Sousse, Tunisia. E-mail: miniartfifha@yahoo.fr

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Sclerosing cholangitis (SC) is a liver disorder affecting children and adults, causing chronic cholestasis and secondary biliary cirrhosis. The purpose of this study was to present different associated diseases to SC in a Tunisian tertiary care hospital.

Six patients were identified with SC associated with other diseases, four males and two females. The first symptom was liver enlargement in all cases with abnormal liver biochemistry. A moderate increase in AST and ALT levels was registered in all cases with moderate cholestasis in 4 patients. Three of them presented an auto-immune condition. Two patients were diagnosed with auto-immune hepatitis prior to SC and Crohn disease in only one patient. One developed linear IgA bullous dermatosis. Three patients were diagnosed with Multisystemic Langerhans Cell Histiocytosis (LCH). The primary site of LCH was the liver associated secondary to insipidus diabetes (one case), mastoiditis (two cases) and chest localization (one case). The outcome of those patients was variable with poor prognosis especially for SC secondary to LCH. No patient underwent liver transplantation.

SC is a rare disorder with variable clinical presentations. To our knowledge, this is the first report of this condition in Tunisian and North African children. Diagnosis and treatment of SC and its associations remains a challenge, especially because there is still no effective medical therapy aimed at preventing disease progression. Pediatric liver transplantation is the only life-extending therapeutic alternative for patients with end-stage liver failure. Liver transplantation has not been performed on young children in our country.

Key words: sclerosing cholangitis, childhood, cholestasis, langerhans histiocytosis.

Sclerosing cholangitis (SC) is a rare cause of chronic cholestasis and secondary biliary cirrhosis in children, which is characterized by inflammation and obliterative fibrosis of the intrahepatic and/or extrahepatic bile ducts.1 Five main clinical forms are described: Neonatal sclerosing cholangitis (NN-SC), SC with autoimmune features, SC secondary to various diseases, including Langerhans cell histiocytosis (LCH) and immunodeficiencies (ID) and SC without autoimmune features and unknown etiology.1,2 Only in those pediatric patients in whom SC occurs without any of the previously mentioned defining features should the name “primary” be used.3

Even though childhood SC has been extensively investigated in the West, data regarding the disease in southern regions is lacking. Studies on SC are relatively sparse and most publications are single case reports in North Africa. What makes the image more
blurred is the existence of marked variability in the clinical manifestations and associated conditions. To our knowledge, this is the first report of this condition in Tunisia. We thus reported a single center case series concerning SC associations to improve the understanding of this disease with various entities.

**Material and Methods**

The current study was conducted to investigate the situation of childhood SC associated with other diseases in the Sahloul pediatric department, a tertiary care hospital, and to compare it with other studies worldwide.

**Patients and laboratory methods**

We reviewed the pediatric cases diagnosed with SC, from May 2012 to June 2016, in the pediatric department at the Sahloul University Hospital in Sousse, Tunisia. The clinical, laboratory, radiologic and histopathological findings, responses to treatment and evolution are reported.

Biochemical tests: Alanine Aminotransferase (ALT), Aspartate Aminotransferase (AST), gamma-glutamyl transpeptidase (GGT) and bilirubin were measured by an automated chemical analyzer (Unicel DxC 660i synchron-Beckman Coulter). All the laboratory methods used had positive and negative controls, internal controls and instruments calibration.

**Radiologic data**

Abdominal ultrasonography (US) was done in all cases. Magnetic resonance (MR) cholangiography, in two cases were explored by a Philips Ingenia 1.5T MRI system machine and the other 4 by a 1.5 Tesla GE machine. Other radiologic data were reported (chest CT in one patient, brain CT in three patients and brain MR imaging in two patients).

Histopathology tests obtained by liver biopsies were reported using histopathological criteria described elsewhere.

The study was approved by the ethical committee of the institutional non-interventional clinical studies of Sahloul.

**Results**

Six Tunisian children, four males and two females were diagnosed with SC during the studied period. Their ages at presentation ranged from 1 to 8 years (median 4 years). Clinical features including presenting signs and symptoms, associated diseases, and response to therapy are summarized in Table I.

The liver involvement was initially discovered by liver enlargement confirmed on abdominal US in all cases with abnormal liver biochemistry (Table I). A moderate increase in AST and ALT levels were registered in all cases, with moderate cholestasis in five patients. MR imaging and other radiologic findings as well as liver biopsy results are presented in Table II.

Two patients had autoimmune hepatitis (AIH) associated to SC with Crohn’s disease (CD) in only one case. Initial liver biopsies were consistent with AIH (intense interface hepatitis, with an abundant lymphoplasmocytic infiltrate, giant cell transformation of hepatocytes and bridging fibrosis), but MR cholangiography changes (Fig. 1) and follow-up liver biopsies were suggestive of SC (inflammatory destruction of biliary structures and lobular cholestasis) (Fig. 2). These patients received Tacrolimus therapy with Ursodeoxycholic acid (UDCA). It successfully controlled the disease.

After one year, one of the patients with SC developed a linear IgA bullous dermatosis (LABD) confirmed by both histological and immunofluorescence studies. Dapsone was the first-line therapy, in this case with prompt response. However, fatal bleeding oesophageal varices caused death at age 9.

Three of our patients had biliary cirrhosis with SC secondary to LCH (Fig. 3). Among other extra hepatic manifestations, radiological studies showed osteolytic and pulmonary lesions (Fig. 4 and 5). Central diabetes insipidus (CDI) was diagnosed in one patient (patient 5) by excessive urination and extreme thirst associated with pituitary abnormalities (Fig. 6). The liver wedge biopsy reported typical granulomatous lesions with positivity of the immunostain by the antibody anti PS100 on the histiocyte membranes in only one patient.
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<th>Clinical and Laboratory Findings of The Sclerosing Cholangitis Cases Studied (n=6).</th>
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The two other liver biopsies showed portal lesions with bile duct damages, ductular proliferation and portal fibrosis, related to multifocal infiltration of liver by Langerhans cell histiocytes. The diagnosis of LCH was confirmed on the lytic lesion of mastoid bone with immunohistochemistry showing positivity for both CD1a and PS100.

Variable responses to conventional treatment were observed with a poor prognosis for SC secondary to LCH despite conventional chemotherapy based on vinblastin and steroids in all cases.

Written informed consent was obtained from the patients’ parents for publication of the cases and any accompanying images.

**Discussion**

SC may complicate a wide variety of disorders, including primary and secondary immunodeficiencies, LCH, psoriasis, cystic fibrosis, reticulum cell sarcoma, and sickle cell anemia. Moreover, an overlap syndrome between AIH and SC is significantly more common in children than in adults. There is a limited number of published series of pediatric SC, especially in North Africa. The
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Disease’s specificities in Tunisia are unknown particularly with the associated conditions.

Childhood SC affects mostly boys with an onset in the second decade of life. In our case series, the majority are boys (Sex ratio = 4/2) and all patients were affected in the first decade of life. However, in recent publications, similar proportion of boys and girls is reported in autoimmune SC.

Most patients presented with symptoms and/or signs of chronic liver disease. Hepatomegaly is a key sign of liver involvement, along with other hepatic signs and symptoms indicate the need for further investigation. Cholestasis with abnormal liver enzymes is the hallmark of SC but cannot be distinctive for clinical features leading to differentiation between hepatocellular and obstructive disorders.

In this case series, the two most frequent clinical forms of childhood SC were reported: SC with autoimmune features (associated with AIH, CD and LABD) and SC secondary to...
LCH. MR Cholangiography findings showed morphologic information and contribute to the definitive diagnosis in the majority of our cases. At onset or in the following years, lesions of larger bile ducts with duct wall irregularities, strictures, dilations, and beading result in the characteristic “bead-on-a-string” appearance. Some difficulties can be encountered in performing the MR Cholangiography, particularly in obtaining apnea in non-cooperative young patients, and especially in the absence of general anesthetic.
It was the case of two of our patients. In those cases, the diagnosis was based on the clinical history, laboratory and histological data.\textsuperscript{1,5}

1. \textit{Autoimmune hepatitis - Sclerosing Cholangitis}

This entity, named AIH/SC overlap syndrome or autoimmune sclerosing cholangitis (ASC), was first described by Maggiore et al.\textsuperscript{12} Pediatric-onset of ASC is rare.\textsuperscript{13} It is well individualized as a clinical form of SC in childhood, characterized by the association of AIH and SC, occurring either simultaneously or within a short interval.\textsuperscript{2} For the 2 patients reported in this study, the diagnosis of overlap syndrome was made respectively 2 and 4 years after the onset of the AIH. Evolution from AIH to SC has been documented suggesting that AIH and SC are part of the same pathogenic process involving hepatocytes in AIH and bile ducts in SC.\textsuperscript{2} The clinical onset of ASC for our patients was similar to that of AIH. Standard liver function tests were not helpful in discriminating between AIH and ASC. It is reported that the alkaline phosphatase/AST ratio is significantly higher in ASC.\textsuperscript{2} Diagnosis of AIH is supported by the histological finding of interface hepatitis with massive portal infiltration of mononuclear cells and plasmocytes. Inflammatory bile duct lesions are not unusual and may suggest features of “overlap” with ASC.\textsuperscript{10,11}

Fig. 6. MR imaging of the pituitary region. a: SET1 sagittal image, b: Post contrast T1 coronal image: lack of the normal T1 high signal intensity of the posterior pituitary. Abnormal nodular thickening of the pituitary stalk (arrow).

Fig. 7. Liver biopsy (A) H.E x 100: Portal spaces containing a loose peri-biliary concentric fibrosis, associated to neo-ductules proliferation and to a mononuclear inflammatory infiltrate, containing histiocytes (B) H.E x 400: Biliary ductules are lined by a dystrophic epithelium, associated to lymphocytic exocytosis (C) IHC x 400: Intense immunostaining of histiocytes with PS100.
At present, none of the patients included in the present case series had genetic studies performed, as genotyping is not required to render a diagnosis of AIH/ASC. However, consanguineous parentage was reported in the two patients with familiar history of immune-mediated disorders (mother with autoimmune hypothyroidism and brother with diabetes type 1 in case 2), lending some weight to the hypothesis that a combination of one or more genes, combined with environmental factors, may play a role in the etiology of ASC.

In the current case series, the two patients with ASC only had intra-hepatic involvement. Feldstein et al.\(^4\) found only intra-hepatic involvement in about 40% and only extra-hepatic in 2% of the children.

ASC responds to the same immunosuppressive treatment used for AIH.\(^{14}\) Tacrolimus was started early in our patients, with resolution of liver test abnormalities within a few months. But its medium-to long-term prognosis is worse than that of AIH because of progression of bile duct disease towards biliary cirrhosis and chronic liver failure (in 17 to 21%) despite treatment.\(^{4,15}\) UDCA is added to immunosuppressive treatment, but its role in cancelling the progression of the bile duct disease should be assessed.\(^{15}\)

However, there is currently no effective treatment for patients with ASC, which could prevent gradual progression of liver disease to biliary cirrhosis and chronic liver failure.\(^{16}\) Liver transplantation in young children, not available until now in Tunisia, remains the only effective therapeutic option for patients with end-stage liver disease.\(^1\)

As in adults, SC in children can be associated with IBD.\(^1\) Association of AIH-SC overlap syndrome with ulcerative colitis (UC) is well recognized but is rarely seen with CD.\(^{17,18}\) In our case report, CD was diagnosed 2 years after the SC. Such association must be taken into consideration and in order to look for IBD, a colonoscopy must be performed in all patients with AIH-SC overlap syndrome regardless of the presence of symptoms of IBD. In fact, children with this liver condition frequently suffer from IBD, but the bowel disease may be silent and discovered only if an endoscopic procedure with biopsy is performed.\(^4\)

As opposed to AIH and ASC, there are no definitive management guidelines for ASC whether it occurs by itself or in association with either of the two IBD subtypes.\(^{18}\) The current trend is to treat each disease entity separately and adjust medications according to symptoms and side effects.\(^{17}\) A beneficial effect of oral Vancomycin (50mg/kg per day) has been reported.\(^{19}\)

2. **Sclerosing Cholangitis associated with LABD:**

LABD is a rare blistering disease characterized by pruritic subepidermal blisters. This entity was once considered a subset of dermatitis herpetiformis (DH) but has been reclassified since as a distinct entity based on the distinct linear deposition of IgA at the epidermal basement membrane. We describe an unusual case of LABD associated to SC with poor outcome. To the best of our knowledge, this is the second case reported with both LABD and SC and the first pediatric case.\(^{20}\)

Ulcerative colitis, CD and gastric hypochlorhydria have been described in association with LABD. Evidence of the association of autoimmune disease with LABD is not sufficient to allow statistical analysis of prevalence, but there are reports of this disease in association with systemic lupus erythematosus, dermatomyositis, thyrotoxicosis, autoimmune haemolytic anaemia and rheumatoid arthritis.\(^{21}\) The association of SC and LABD raises the possibility of a common immunopathogenic mechanism involved in the development of both diseases.

Treatment was based on Dapsone 25 mg daily for the LABD and UDCA for the SC in our case. It is of importance to note that there was no relation between our patient’s LABD and the activity of the SC.

3. **SC and LCH**

LCH has a variety of clinical features from mild illness to life-threatening multi-organic failure.
Generally, liver involvement, relatively frequent especially in children younger than 5 years old, is a component of multisystem disease in LCH with extreme case-to-case variation. SC was found in 1.3-6% of children with LCH in a multicenter retrospective study done in France. In our three cases, the diagnosis of SC was made before or at the same time of the diagnosis of LCH. Liver biopsy may demonstrate infiltration of the portal area and basement membrane of the bile ducts with Langerhans cells. Immunostaining for PS100 and CD1a cells is required for the definitive diagnosis.

Only one liver specimen tested was positive for PS100. For the two others patients, the LCH was confirmed on the mastoid bone erosion biopsy. It can be explained by a high degree of cirrhosis at the diagnosis of LCH in our patients.

The systemic manifestations were also different in our cases: bone and lung involvement consisting in bitemporal bone erosion and reticular pulmonary opacities with diffuse small cysts in thoracic CT scan in patient 1. Associated mastoid ostelysis was noted in patient 1 and 6. In the third case, SC was associated to an involvement of the hypothalomo-pituitary axis (CDI) (patient 5). To the best of our knowledge, liver involvement associated with CDI in the same patient as a clue to the diagnosis of LCH was reported in only one case before in the literature review.

On average, SC manifests 2 years after diagnosis of LCH in children. It is rarely indicative of the diagnosis, which is mainly based on radiological examinations. Liver involvement is a factor of poor prognosis. It precipitates the occurrence of biliary cirrhosis and liver failure. The treatment used in these 3 cases was vinblastine-prednisone association, which was recommended by the Histiocyte Society without any improvement. The same results were observed despite changing chemotherapy.

Pediatric liver transplantation, which was not available in our country, is the treatment of choice for liver failure to SC in LCH.

SC is a rare cause of chronic cholestasis and secondary biliary cirrhosis in children. The various clinical presentations in children and frequent extrahepatic associations are challenging. This case series is the first study regarding childhood SC in North Africa. The specificities are the singularity of SC associations, especially CD, CDI and LABD. This study is limited by a small number of patients in one pediatric center and its retrospective nature. Retrospective multicenter studies are required in Tunisia to identify the most relevant associations in pediatric SC in a population with high rate of consanguineous patients and genetic drift. Meanwhile liver transplantation, complications of advanced liver disease and portal hypertension need to be assessed and may decrease morbidity and mortality.

REFERENCES


