# Association of STAT4 gene single nucleotide polymorphisms with Iranian juvenile-onset systemic lupus erythematosus patients

Arash Salmaninejad<sup>1,2</sup>, Mahdi Mahmoudi<sup>1,3</sup>, Saeed Aslani<sup>1,3</sup>, Shiva Poursani<sup>1</sup>, Vahid Ziaee<sup>4,5</sup>, Nima Rezaei<sup>6,7,8</sup>

<sup>1</sup>Rheumatology Research Center, Tehran University of Medical Sciences, Tehran, Iran; <sup>2</sup>Student Research Committee, Medical Genetics Research Center, Mashhad University of Medical Sciences, Mashhad, Iran; <sup>3</sup>Rheumatology Expert Group (REG), Universal Scientific Education and Research Network (USERN), Tehran, Iran; <sup>4</sup>Pediatric Rheumatology Research Group, Rheumatology Research Center; <sup>5</sup>Division of Pediatric Rheumatology, Pediatrics Center of Excellence; <sup>6</sup>Department of Immunology, School of Medicine; <sup>7</sup>Research Center for Immunodeficiencies, Children's Medical Center, Tehran University of Medical Sciences, Tehran, Iran; <sup>8</sup>Network of Immunity in Infection, Malignancy and Autoimmunity (NIIMA), Universal Scientific Education and Research Network (USERN), Sheffield, UK.

E-mail: rezaei nima@tums.ac.ir and mahmoudim@tums.ac.ir

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Juvenile-onset systemic lupus erythematosus (JSLE) is a complex autoimmune disease, characterized by multi-organ involvement. Single nucleotide polymorphisms (SNPs) of signal transducer and activator of transcription 4 (STAT4) gene have been reported to have relationship with the risk of several autoimmune diseases. Studies have provided evidence that STAT4 may participate in the pathogenesis of JSLE. Therefore, we aimed to evaluate the association of STAT4 SNPs with JSLE in Iranian population. In this case-control study, two SNPs of STAT4 gene, including rs7574865 and rs7601754 were genotyped in 50 Iranian JSLE patients and 281 matched healthy individuals using real-time PCR allelic discrimination approach. Our experiments demonstrated that G and T alleles of rs7574865 SNP had similar distribution between patients and controls (P = 0.16). Additionally, differences in frequency of GG, GT, and TT genotypes (P = 0.14, 0.29, and 0.54, respectively) were not significant. Likewise, A and G alleles, as well as genotypes of rs7601754 SNP did not show significant differences between JSLE patients and healthy individuals. Lack of association of rs7574865 and rs7601754 SNPs in STAT4 gene with susceptibility to JSLE in Iranian population, despite their association with the risk of adult SLE in the same population, implicates on difference of genetic background of JSLE and SLE.

Key words: children, juvenile systemic lupus erythematosus, SLE, SNP, STAT4.

Systemic lupus erythematosus (SLE) is an overwhelming chronic, inflammatory, and complex systemic autoimmune disorder that characterized by multi-organ involvement. In spite of unknown etiopathology, it has been postulated that a combination of genetic background, environmental and hormonal factors may contribute to the initiation and development of SLE. SLE is primarily manifested by autoantibodies against nuclear antigens and immune complex deposition

throughout the tissues, which subsequently cause the autoimmune reactions in the disease<sup>1</sup>. SLE affects primarily females during adulthood. Nonetheless, approximately less than 20% of SLE cases of all types initiates in teenagers before the age of 16 years, defined as JSLE, which has less discrepancies in the disease gender basis of female predominance as compared to adults<sup>2,3</sup>.

Signal transducer and activator of transcription

factor 4 (STAT4) is involved in inflammatory responses through immune system activation. STAT4 also plays a role in differentiation of helper 1 T cells from naive CD4+ T cells4. Gene variations in STAT4 have been associated with several autoimmune disorders. The rs7574865 G/T SNP occurs in intron 3 of STAT4 gene, and has been associated with juvenile idiopathic arthritis (JIA) in non-Hispanic white population<sup>5</sup>. Genome-wide association study (GWAS) and a meta-analysis have reported that STAT4 rs7574865 T allele confers susceptibility to JIA, SLE, rheumatoid arthritis (RA), type 1 diabetes (T1D), systemic sclerosis (SSc), primary antiphospholipid syndrome (APS), inflammatory bowel diseases-ulcerative colitis (IBD-UC), and primary Sjogren's syndrome (pSS) <sup>6, 7</sup>. Moreover, the minor C allele of STAT4 rs7601754 SNP was shown to be a protective allele in SLE, whereas the major T allele might be a risk allele for SLE susceptibility<sup>8</sup>. In addition, the exploration of STAT4 rs7574865 and rs7601754 SNPs in Iranian SLE patients revealed a significant association between disease and rs7574865 SNP9.

Previous studies verify the hypothesis of association between *STAT4* gene polymorphisms and a variety of autoimmune diseases<sup>10, 11</sup>. Considering the autoimmune nature of JSLE, it appears that the functional STAT4 rs7574865 (and rs7601754) SNP, which is commonly related to adult-onset SLE, may also be associated with JSLE. This is the first study that evaluated probable associations of *STAT4* gene rs7574865 and rs7601754 SNPs with JSLE predisposition in Iranian pediatric patients.

#### Participants and Methods

#### Patient and control subjects

The patients were brought together from Rheumatology Clinic of the Children's Medical Center Hospital, the Pediatrics Center of Excellence in Iran and diagnosis of JSLE was conducted according to revised criteria of the American College of Rheumatology (ACR) <sup>12</sup>. For genotyping, 50 JSLE patients (Table I) and 281 healthy age and sex matched volunteers were involved in the study. None of the healthy controls had autoimmune disease neither in themselves nor their immediate family members. The Human Research Ethics Committees from the Tehran University of

Medical Sciences authorized this study. Written informed consent was taken by all participants. Blood samples from patients were obtained during clinical diagnosis; as such samples were obtained from healthy controls. About 5 ml of blood from each subject was collected in EDTA-anticoagulated tubes using venipuncture. DNA from the samples was extracted using phenol-chloroform method.

# Positional candidate SNP selection and real-time PCR genotyping

All the samples were genotyped for rs7574865 and rs7601754, using real-time allelic discrimination Taq-Man assays (Applied Biosystems, Foster City, USA). Briefly, all PCR reaction mixtures contained approximately 25-75 ng of DNA, 10  $\mu$ l Taq-Man Master Mix containing Tag DNA polymerase and dNTPs (Applied Biosystems, Foster City, USA), 0.5 μl Taq-Man Genotyping Assay mix containing primers and FAM or VIC labeled probes (Applied Biosystems, Foster City, USA), and distilled water for a final volume of 20  $\mu$ l. Real-time allelic discrimination PCR was performed by StepOnePlus Real-Time PCR system (Applied Biosystems, Foster City, USA). The real-time PCR conditions were: initially 60°C for 30 seconds and then 95°C for 10 mins, and subsequently 40 cycles of amplification (95°C for 15 seconds and 60°C for 1 min), and finally 60°C for 30 seconds.

#### Statistical analysis

Genotype and allelic distribution between case and control groups were implemented by Chi-Square test. Pearson's χ2-tests were applied to test for significance differences of both genotype and allele frequencies between two groups. All probability values were calculated from two-tailed test. Moreover, the odds ratio (OR) and 95% confidence interval (CI) were calculated. The genotype distributions of SNPs were tested for deviation from Hardy-Weinberg equilibrium in controls. Statistical analysis was performed using the SPSS for Windows (version 22.0, IBM SPSS Inc., USA). Additionally, the SHEsis online software was applied for analyzing the haplotype and genotype, and also Hardy-Weinberg equilibrium<sup>13</sup>. A p value < 0.05 was considered significant.

#### Results

## Alleles and Genotypes Frequencies

The distribution of the genotypes for both rs7574865 and rs7601754 in control group did not reveal any significant deviation from the Hardy–Weinberg equilibrium (Table II).

In respect of rs7574865 SNP (Table II), G allele was found in 61% of patients and 68.1% of controls; due to equal frequency between two groups, no significant difference was observed (OR=0.73, 95% CI: 0.47-1.13; P=0.16). Moreover, there was no significant (OR=1.36, 95% CI: 0.88-2.12; P=0.16) difference of T allele distribution between patients (39%) and healthy controls (31.9%). The GG genotype was seen in 38% of ISLE patients and 49.1% of the healthy subjects, and had no significant difference between patients and controls (OR=0.63, 95% CI: 0.34-1.17; P=0.14). Meanwhile both GT and TT genotypes had no significant difference between the two groups (OR=1.38, 95% CI: 0.75-2.53; P=0.29 and OR=1.29, 95% CI: 0.56-2.98; P=0.54).

The A allele for rs7601754 polymorphism in STAT4 gene (Table II) was found in 84% of patients and closely in 80.1% of healthy controls, resulting in insignificant difference between these two groups (OR=1.30, 95%) CI: 0.73-2.31; P=0.36). Although being a less common allele, the G allele was found with nearly same frequency in 16% of JSLE patients and 19.9% of controls, hence the distribution difference was not significant (OR=0.76, 95% CI: 0.43-1.36; P = 0.36). The AA genotype for above mentioned SNP was highly frequent, but similarly observed in both patients and control groups (72% vs. 66.2%, respectively) resulting in no significant difference (OR=1.31, 95% CI: 0.67-2.55; P=0.42). The GG genotype was rarely seen in patients and controls (4% vs. 5.9%, respectively) with no significant difference (OR=0.66, 95% CI: 0.14-2.99; P=0.59). Additionally, The AG genotype represented no significant difference between two study subjects (OR=0.81, 95% CI: 0.40-1.64; P=0.56).

Table I. Demographic Characteristics and Laboratory Measurements of JSLE Patients.

Specification (50 JSLE Patients)	Results		
Age (years)	11.06 ± 3.45		
Male, n (%)	7 (14)		
Female, n (%)	43 (86)		
Disease duration (years)	$4.08 \pm 2.42$		
Arthritis, n (%)	12 (24)		
Malar rash, n (%)	33 (66)		
Oral ulcer, n (%)	25 (50)		
Discoid rash, n (%)	2 (4)		
Photosensitivity, n (%)	37 (74)		
Pleuritis, n (%)	3 (6)		
Precarditis, n (%)	2 (4)		
Hematological involvement, n (%)	17 (34)		
Renal involvement, n (%)	23 (46)		
CNS involvement, n (%)	6 (12)		
ANA positivity, n (%)	45 (90)		
Anti-dsDNA positivity, n (%)	39 (78)		
Anti-Sm* positivity, n (%)	1/9 (11.1)		

<sup>\*</sup>This group consists of nine SLE patients.

ANA: antinuclear antibody; anti-dsDNA: anti-double stranded DNA; anti Sm: anti-Smith antibody; CNS: central nervous system.

Table II. Allele and Genotype Distribution of STAT4 Gene SNPs in JSLE Patients and Healthy Subjects.

dbSNP	Alleles/ Genotypes	Case (n=50) N (%)	Control (n=281) N (%)	P	OR (95% CI)
rs7574865	G	61 (61)	383 (68.1)	0.16	0.73 (0.47-1.13)
	T	39 (39)	179 (31.9)	0.16	1.36 (0.88-2.12)
	GG	19 (38)	138 (49.1)	0.14	0.63 (0.34-1.17)
	GT	23 (46)	107 (38.1)	0.29	1.38 (0.75-2.53)
	TT	8 (16)	36 (12.8)	0.54	1.29 (0.56-2.98)
HWE			0.06		
rs7601754	A	84 (84)	436 (80.1)	0.36	1.30 (0.73-2.31)
	G	16 (16)	108 (19.9)	0.36	0.76 (0.43-1.36)
	AA	36 (72)	180 (66.2)	0.42	1.31 (0.67-2.55)
	AG	12 (24)	76 (27.9)	0.56	0.81 (0.40-1.64)
	GG	2 (4)	16 (5.9)	0.59	0.66 (0.14-2.99)
HWE			0.07		

CI: confidence interval; HWE: Hardy-Weinberg equilibrium; OR: Odds ratio

## Haplotype Frequencies

Table III shows haplotype frequencies in patients with JSLE and controls. Regarding the haplotype analysis (rs7574865 G/T - rs7601754 A/G), no significant distribution of the GA, GG, TA, TG haplotypes was observed between JSLE patients and healthy controls.

#### Discussion

STAT4 gene encodes a transcription factor, which contributes differentiation of T helper 1 cells and promotes the activity of genes in these cells to produce specific cytokines <sup>4</sup>. Functioning as transcription factor, STAT4 participates in responses to interleukin (IL)-12 in lymphocytes and facilitates mRNA transcription of IL-23, interferon (IFN)-γ, and IL-17 genes in immune cells in normal and abnormal immune responses<sup>14,15</sup>.

SLE is a multifactorial autoimmune disorder with complex genetic inheritance. Numerous liable genes have been recognized that have a role as an augmentative element in disease  $risk^{16}$ . In the genetics point of view, our previous studies demonstrated the role of gene polymorphisms in susceptibility to JSLE. A positive association between the promoter sequence of the IL-1 $\beta$  gene at position -511 for TT genotype and JSLE risk was recognized. On the other hand, a significant negative association was found between the TC genotype

at the mentioned position in the IL-1β gene and JSLE patients compared with healthy subjects. However, none of the polymorphisms in  $IL1\alpha$ , IL-6, IL1R, and IL1Ra genes were significantly associated with JSLE susceptibility<sup>17</sup>. Moreover, Pontillo et al. 18 demonstrated IL-1 β involvement in the pathogenesis of SLE, among the other analyzed polymorphisms in inflammasome genes (NLRP1, NLRP3, CARD8, TNFAIP3). Gene polymorphisms of two anti-inflammatory cytokines, including IL-10 and transforming growth factor beta (TGF-β) were investigated, resulting in significant IL-10, but not TGF- β, gene SNP association with ISLE 19. Association of polymorphisms in programmed cell death 1 (PDCD1)<sup>20,21</sup>, protein tyrosine phosphatase non-receptor type 22 (PTPN22)22,23, and IL-4<sup>24</sup> genes, as well as C1q rs292001 SNP<sup>25</sup> has been observed in JSLE patients. In our previous study, we evaluated the association of programmed cell death1( also called PD-1) gene polymorphisms with JSLE susceptibility in the Iranian population and our finding supported the influence of the PD1.1 SNP on the development of juvenile systemic lupus erythematosus (JSLE) in the Iranian population<sup>21,26</sup>.

Accumulating investigations have disclosed association of *STAT4* polymorphisms with autoimmune disorders. *STAT4* rs7574865 SNP has been identified repetitively to be

Table III.	Overall	Haplotype	Distribution	of the	STAT4 S	SNPs	According to	Haploview ir	n JSLE and He	althy
					Group			-		•

Block	1 Haplotype	es	Haplo	type frequencies		
Row	rs7574865	rs7601754	Cases	Controls	OR* (95% CI*)	p
1	G	A	45.00 (45)	262.47 (40.6)	0.87 (0.56-1.34)	0.53
2	G	G	16.00 (16)	106.53 (19.6)	0.78 (0.43-1.38)	0.39
3	T	A	39.00 (39)	173.53 (31.9)	1.36 (0.87-2.11)	0.17
4	T	G	0.00 (0)	1.47 (0.10)	NC	NC

\*OR: odds ratio; CI: confidence interval; NC: not calculated

a susceptibility variation for autoimmune diseases like SLE<sup>7,8,27</sup>. As well as, *STAT4* rs7574865 polymorphism has been recognized as a contributing variant in adult SLE of Iranian population<sup>9</sup>. However, no significant association was seen between rs7574865 in *STAT4* gene and predisposition toward Iranian juvenile SLE patients. Furthermore, as it was not associate with adult SLE in Iranian population<sup>9</sup>, rs7601754 SNP in *STAT4* gene also had no significant association with Iranian juvenile SLE patients.

Complete deficiency of Complement C4 component has been shown to be strong genetic risk factor for SLE development<sup>28</sup>. In a recently performed study, low copy number variations (CNVs) of C4, C4A and C4B genes were identified to be associated with a stronger risk for JSLE, but not for adult SLE <sup>29</sup>. Additionally, different classifications of SLE patients (juvenile-, adult-, and late- onset SLE) demonstrate different clinical and serological manifestations. JSLE patients show more severe disease activity and more frequent renal involvement in comparison to other SLE types <sup>30</sup>. Considering discriminated manifestations of JSLE with regard to other SLE categories, genetic background plays a major role in the early development of autoimmune diseases, it is postulated that different genes possibly play distinct roles in adult- or juvenile-onset SLE. Cases of JSLE seem to be more severe than adult-onset disease, possibly because of genetic influences, but it is not more-detailed information about the molecular heterogeneity of the disease.

To sum up all the facts, this was the first attempt

to evaluate the association of STAT4 gene SNPs with juvenile-SLE in Iranian population. While the rs7574865 SNP of STAT4 gene has been associated with adult SLE in both Iranian and other populations, it was not regarded as genetic contributing factor toward JSLE in our patient group. Moreover, rs7601754 SNP of this gene did not have relation with JSLE, as it was not for adult SLE through previous surveys. Therefore, the risk of JSLE was not under the impression of genetic variants in STAT4 gene. However, with regard to small number of the patients in the case group of this study, further investigations with satisfactory sample sizes and in other populations, as well as assessing other potential polymorphisms will be helpful for interpreting our observations to come up with a comprehensive conclusion of STAT4 role in JSLE etiopathogenesis. Therefore, the lack of association could be due to small number of patients in the study group.

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